

## Oolong Tea

Oolong tea is best known to most Americans as the complement to General Tso's Chicken at many Chinese restaurants. It is said that drinking oolong tea is among the best ways to fight the effects of aging on the skin. The varieties of oolong tea differ greatly in flavor, depending on the amount of time that the leaves are given to ferment.

### Jasmine

Oolong tea from the Fujian province of China infused with the delicate scent of the night-blooming jasmine flowers. Adagio 'Jasmine Suite no. 5' is a Chun Hao grade tea that is a suitable daily treat. It produces a sweet cup with a light and lingering scent of fresh jasmine flowers. \$4.00/oz

### Peach

Oolong tea from Taiwan. Formosa, meaning 'beautiful' was what the Dutch explorers called this island. The oolong teas grown here continue to be called as such. Unlike its dark brethren, this is a Jade Oolong tea, almost green in appearance with large, hand-rolled leaves. Flavored with sweet peaches for an enchanting fragrance. \$4.00/oz

## Anteadote

Anteadote is pure, unsweetened tea, made with fresh tea leaves, not concentrate. Unlike the bottled teas found in your grocery, Anteadote contains no additives or preservatives. Filtered water, tea leaves, and vitamin C are its only ingredients. The results are pure refreshment and an abundance of health benefits in one convenient ice tea package.

### Caffeine levels of various beverages:

Coffee	80 mg
Cola	45 mg
Black Tea	40 mg
Flavored Tea	40 mg
Oolong Tea	30 mg
Green Tea	20 mg
White Tea	15 mg
Decaf Tea	5-10 mg
Herbal Tea	0 mg



## Tea Menu

Infuser ball full (makes approx two mugs) - \$1.50 all flavors  
Loose leaf by ounce - priced as marked. (Note: white and green tea leaves are large and lightweight, so one ounce has much more volume.)

### Black

Black tea is the most popular in the US. This is mainly due to the invention of the tea bag in 1904 by a NYC tea merchant. Recent studies have shown that black tea provides similar health benefits to its green cousin.

### Assam Melody

Black tea from the Assam region of India that brews up a burgundy-red cup with rich aroma and strong malty taste. An ideal breakfast-time tea. This 'Assam Melody' is a flavorful second-flush (summer) tea. \$3.50/oz

### Golden Monkey

Black tea from the Fujian province of China. Golden Monkey tea is hand-processed each spring with a careful plucking of only one leaf and one bud. The name comes from its unique appearance: the leaves resemble monkey claws. A full-bodied tea with an abundance of flavor. \$5.50/oz

### Earl Grey

Sri Lankan tea, flavored with oil of bergamot, a citrus fruit. According to (untrue) legend, named for a British Prime Minister who saved a Chinese nobleman's life. The perfect afternoon tea. \$3.00/oz

## **Rooibos Tea**

Rooibos is a flavorful, caffeine-free alternative to regular teas. Also known as African Red Tea, rooibos tea gained popularity during WWII when limited tea supplies from Asia forced Europeans to find an alternative. With the many amazing health benefits surfacing and many flavors available, rooibos tea has far surpassed its role as an alternative beverage. Adagio's rooibos teas are also organic!

### Rooibos Almond

Flavored with roasted almonds. \$2.50/oz

### Rooibos Berry

Flavored with forest berries. \$2.50/oz

### Rooibos Jasmine

Flavored with the intoxicating smell of jasmine. \$2.50/oz

### Rooibos Mango

Flavored with tropical mangos. \$2.50/oz

### Rooibos Vanilla

Flavored with natural vanilla. \$2.50/oz

### Foxtrot

An herbal cocktail of Egyptian chamomile, South African Rooibos and fresh peppermint leaves. A soothing blend of familiar tastes that produces a pleasantly original combination. It is entirely caffeine-free - the spring in your step is due entirely to its enticing taste. \$3.50/oz

### ChaCha

A combination of Egyptian chamomile, zesty lemongrass, and refreshing peppermint leaves.. Caffeine free and delicious. \$3.50/oz

## **White Tea**

White tea is the most subtle of all the varieties of tea, using only the finest tea leaves from each bush with a minimal amount of processing. Considered by most connoisseurs to be the apotheosis of tea, white tea has yet to make a significant impact on Western culture. This will soon change, with new studies showing that white tea is 10% more effective in improving immune health than its green cousin.

### White Peach

Premium white tea from Fujian region of China infused with the taste of ripe peaches. A wonderfully smooth and subtle treat, delectable both hot and cold. \$6.50/oz

### White Pear

Premium white tea from Fujian region of China infused with the taste of ripe pears. If you're new to white tea, this would be a good place to start. \$6.50/oz

### White Blueberry

Premium white tea from Fujian region of China infused with the flavor of blueberry. \$6.50/oz

## Green Tea

Green tea is often lauded for its amazing health benefits. However, in Asia, the birthplace of tea, green tea is enjoyed for its many dimensions of flavor, as well as medicinal effects. In China, there are nearly as many varieties of green tea as there are towns.

### Pomegranate Green

Pomegranate has historically been a symbol of fertility, marriage, abundance, and righteousness. This tea blends Chinese Green tea with sweetly tart Pomegranate and decorative raspberry pieces. \$3.50/oz

### Raspberry Green

This lovely tea combines the sweetly tart flavor of red raspberries and premium green tea from China. \$3.50/oz

### Spiced Green

Green tea from China with the delicate flavors of cinnamon, cardamon, and ginger. Similar to a "chai tea." \$3.50/oz

### Green Pekoe

Green tea from the Fujian province of China. Green Pekoe (sometimes referred to as Orange Pekoe) is famed as an everyday tea, and is among the most popular teas consumed in China. Its thin, wavy leaves appear almost black when dry. Once infused, however, it reveals its true color and produces a light cup with a smooth, mellow taste and a gentle, soothing aroma. \$4.00/oz

## Herbal Tea

Herbal tea has been imbibed as long as written history extends. Also known as a tisane or herbal infusion, it is simply the combination of boiling water and dried fruit, flower or herb. Herbal teas are all caffeine-free.

### Blood Orange

Flavored by all natural orange peels, hibiscus flowers, apple pieces, rose hip and safflower. \$2.75/oz

### Dewy Cherry

Flavored by all natural sour cherries, apples, orange peels, rosehip, and hibiscus flowers. \$3.00/oz

### Lemon Grass

Dried lemon grass leaves make a zesty, refreshing drink that is known to lift a sagging spirit, as well as aid digestion. Recent studies also show that Lemon Grass has antibacterial and antifungal properties. \$3.00/oz

### Mango Mélange

Flavored by all natural apple pieces, hibiscus flowers, mango pieces and sunflower blossoms. \$3.00/oz

### Peppermint

Dried peppermint leaves make a minty, refreshing drink both hot and cold. A native of the Mediterranean, peppermint leaves were often used to crown luminaries in ancient Greece and Rome. \$3.00/oz

### Sour Apple

Flavored by all natural apple pieces, hibiscus flowers and cranberries. \$3.00/oz

### Wild Strawberry

Flavored by all natural apple pieces, hibiscus flowers and strawberries. \$3.00/oz

### Foxtrot

An herbal cocktail of Egyptian chamomile, South African Rooibos and fresh peppermint leaves, Foxtrot tea is a soothing blend of familiar tastes that produces a pleasantly original combination. \$3.50/oz

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## Flavors

Flavored tea is the general name for any tea to which an additional flavor has been applied. While any tea can be a flavored tea, the more popular varieties for flavoring are black and green. Great improvements have been made in flavoring technology, making it possible to create nearly any flavored tea imaginable.

### Apple

The old adage 'an apple a day keeps the doctor away' has never been less applicable than with our delicious Apple tea. Infusing the flavor and aroma of fresh picked apples with the lively, deep taste of premium Ceylon black tea, this delight is sure to attract doctors as well as other tea lovers. \$2.50/oz

### Caramel

Delicious whether you say "car-a-mel" or "Car-mel." \$2.50/oz

### Chestnut

A nutty treat with the flavor of fall. \$2.50/oz

### Chocolate

While the greatest chocolates may come from Switzerland, the best chocolate tea undoubtedly comes from Adagio. And you won't choose to remain neutral. This decadent treat infuses the flavor of rich chocolate with the bright, full taste of Ceylon black tea. \$2.50/oz

### Cinnamon

In the Middle Ages, having cinnamon in one's home was a status symbol for Europe's elite. Combining spicy cinnamon with the bright, full taste of Ceylon black tea, having a tin of our Cinnamon flavored black tea in your cabinet today is equally as prestigious. \$2.50/oz

### Cream

Which comes first, the cream or the tea? If you're not sure, don't worry... neither are the English. However, its unanimously agree that, whether you prefer your tea first, cream first -or just 'black' tea- , this dairy-free cream flavored Ceylon black tea is a treat for your teacup! \$2.50/oz

### Ginger

In the West, ginger is a very popular ingredient in many seasonal desserts. In the East, ginger is celebrated as a digestive and palate cleanser. Here, ginger is renowned as one of our favorite teas, combining the fresh taste of ginger with the rich taste of Ceylon black tea. \$2.50/oz

### Orange

Florida is known for two distinct things: hanging chads and delicious oranges. In an effort to remain apolitical, Adagio Teas chose to use the latter as an inspiration for this tea treat. Combining the fresh, citrus flavor of Florida oranges and the taste of premium Ceylon black tea, our Orange Tea leaves no confusion over which tea you'll elect! \$2.50/oz

### Oriental Spice

To most Westerners, it is a little known fact that the word 'Chai' simply means 'tea' in Hindi. Therefore, all teas are technically chais. However, instead of the 'chai' that most Americans are used to (which usually contains really bad tea), we offer an Oriental Spice tea - premium Ceylon black tea with a unique blend of Eastern spices. \$2.50/oz

### Raspberry

The raspberry is actually a cluster of drupelets around a central core. When picked, the drupelets detach from the core, unlike true berries, which stay attached. However, you're sure to remain attached to our Raspberry tea, which combines the sweetly tart flavor of red raspberries and premium Ceylon black tea. \$2.50/oz

### Rum

Premium black tea from China flavored with a spoonful of island rum. An intoxicating, but non-alcoholic, treat. \$2.50/oz

### Valentines (Chocolate/Strawberry)

You're sure to fall 'head over heels' for this luxurious combination of the flavor of fresh-dipped chocolate-covered strawberries and premium Ceylon black tea. Shannon's favorite! \$2.50/oz